

## Six Types of Self-statements

Before I Write	Problem Definition	<p>“What do I have to do here?”</p> <p>“What is the prompt asking me to do? I should read it several times and really pull it apart carefully so I get at what it is asking.”</p> <p>What is my first step?”</p> <p>“I want to write an informative, interesting essay.”</p>
	Focus Attention and Planning	<p>“I need to concentrate, be careful and think of steps.”</p> <p>“I need to make a plan. First I will, then I will...”</p>
While I Write	Coping and Self-control	<p>“Don’t worry. I can handle this. I know the steps.”</p> <p>“It is OK to feel nervous. A little nervousness can actually help me do my best work.”</p>
	Strategy Implementation	<p>“I will write down the strategy and check off each part as I use it in my writing.”</p> <p>“My goals for this essay are to...”</p>
After I Write	Self-evaluation	<p>“Did I include all the parts? Whoops, I missed one. That’s OK--I can revise it.”</p> <p>“Did I recheck to make sure my answer responds to the prompt?”</p>
	Self-reinforcement	<p>“I’m getting better at this. This feels so much easier now that I use strategies.”</p> <p>“I like this ending. Just wait until my teacher reads it!”</p>

This chart was created based on examples provided in: **Harris, K.R., Graham, S., Mason, L.H., & Friedlander, B. (2008). *Powerful Writing Strategies for All Students*. Baltimore, MD: Paul H. Brookes Publishing Co., Inc**